

Obesity

Goal: Increase the number of adults in Daviess County living at a healthy weight by increasing access to healthy foods and safe spaces to engage in physical activity. *

Objective 1: By August 2022, decrease the percentage of adults over 18 years of age engaging in no physical activity from 32% to 28%.

Strategy:

By April 2021, implement 2 joint use agreements between Daviess County government and each Daviess County School.

Action Plan

<u>Action</u>	<u>By who?</u>	<u>When?</u>
Assess currently available recreation spaces in schools.	DCH athletic trainers	August 2019
Collect stories of support from the community.		November 2019
Create a presentation for the County Council to present the plan.	Live Well	January 2020

Metrics:

- County Health Rankings- # of adults who engage in no physical activity
- County Health Rankings- # of adults with access to physical activity spaces
- County Health Rankings- # of adults overweight/obese

Objective 2: By August 2022, decrease the percentage of adults eating less than 5 servings of fruits and vegetables daily from 79.4% to 76%.

Strategy:

By April 2021, increase the number of schools participating in farm to school activities from 1 to 2.

Action Plan

<u>Action</u>	<u>By who?</u>	<u>When?</u>
Assess the current status of food served in schools.		
Choose 1 or 2 schools to focus on first.		
Develop relationships with school administrators/ local vendors.		
Present a plan to vendors/school/local government.		

Metrics:

- County Health Rankings- # of adults and children eating less than 5 servings of fruits and vegetables each day
- Purdue Extension?

Mental Health & Substance Abuse

Goal 1: Reduce reoccurring offenses by individuals who have been in contact with community corrections.

Objective 1: By August 2021, develop strategic relationships between the judicial system and faith-based organizations to improve coordination of services for offenders upon release.

Strategy:

Identify and train community members to serve as mentors and community referral hubs for offenders. These community members can offer guidance, access to resources, and a friend.

Action Plan

Action	By who?	When?
Identify interested faith based organizations.		
Develop a training or find a training program will appropriately equip mentors.		

Goal 2: Promote positive youth development that focuses on risk and protective factors to prevent youth contact with the juvenile justice system.

Objective 1: By August 2021, develop strategic relationships with the judicial system and faith-based organizations to increase protective factors for youth.

Strategy:

Identify and train community members to serve as mentors and community referral hubs for youth. These community members will serve as a positive adult influence, motivator, and referral connection point for at-risk youth.

Action Plan

Action	By who?	When?
Identify interested faith-based organizations.		
Develop a training or find a training program will appropriately equip mentors.		

Access to Care

Goal: Improve access to care by increasing coordination of care systems in the community.

Objective 1: By August 2022, decrease the uninsured rate from 18% to 13.5%.

Strategy:

1. Support coordinated Medicare/Medicaid training and enrollment programming from various organizations in the community. (DCH, Thompson Insurance, PACE, others?)

Action Plan:

<u>Action</u>	<u>By who?</u>	<u>When?</u>
Bring anyone working in marketplace or government assisted insurance agencies together to gain an understanding of what is currently being offered in the community.	Live Well	Done
Determine 1 or 2 dates to host information sessions.		
Create the presentation that will be provided to the community.		

Metrics:

- # of people in attendance
 - # of people enrolled at the event
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2. Develop an adapted version of Patient Care Connect Program (PCCP). PCCP is a lay patient navigation program that trains community members as “resource hubs”.

Action Plan:

<u>Action</u>	<u>By who?</u>	<u>When?</u>
Analyze the current PCCP program to determine what will and will not work for Daviess County.		
Adjust the program accordingly.		
Come up with a plan to implement the program in the community.		

Metrics:

- # of trained lay volunteers
- # of referrals made through volunteers

3. Develop a “resource hub” online that can be edited in real time by care providers.